Cyber Safety at Burr Elementary School

November 2017



H - is it <u>helpful</u>?

- is it inspiring?

N - is it necessary?

K - is it kind?

Introductions

Mindy Johal- Burr Elementary School Principal

Tarah Patino-Library Teacher

Lisa Vancans-Instructional Technology Specialist

Newton's Acceptable Use Guidelines (AUG)

Taught throughout each grade level in an age appropriate way

- 1. Take care of yourself
- Take care of others
- Take care of school property
- 4. Protect copyright

Elementary Acceptable Use Guidelines Internet and Computer Safety Rules



Teachers will oversee the use of computers at school.

In order to use computers and other devices students need to follow these rules.

Take Care of Yourself



- · I will only use websites for my schoolwork.
- I will ask a teacher before using a game site.
- I will ask a teacher before watching videos.
- I will keep my password and login information private.
- I will keep my personal information private.
- I will tell my teacher if I see something inappropriate online.

Take Care of Others



- I will use kind and respectful words online.
- I will report bullying or inappropriate behavior to a trusted adult.
- I will keep the settings or preferences on the computers, laptops or iPads

Take Care of School Property



- I will take good care of school computers and equipment.
 - Clean hands.
 - Gentle keyboarding/typing.
 - Use two hands to carry all devices.
- Eat and drink away from all computers and devices.

Protect Copyright

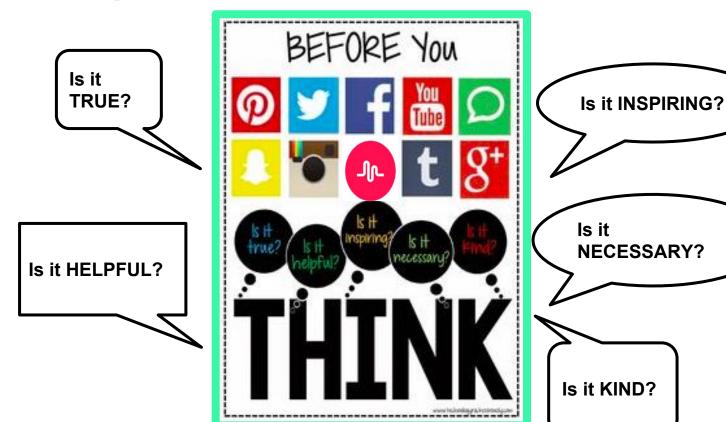


- I will give credit for words, images or media (including music) from the Internet.
- I will follow copyright guidelines and cite my sources.

What is happening in school

- Acceptable Use Guidelines K-5
- Ongoing Library curriculum on cybersafety.
 - Starts in K and is built upon each year
- Instructional Technology Specialist and classroom teachers
 - Social Emotional Learning lessons-3rd, 4th and 5th grade-Lessons follow the Responsive Classroom model -Developing a common language.
- Teachers will collaborate with ITS and Library teachers, so that after the lessons, the conversations will continue.
- "Just in time" instruction and support including:
 - Reinforcement in class presentations and using same language as in library
 - Displays and signs that reinforce the cybersafety curriculum

Social Networking & Digital Footprints



What is Social Networking?

Sharing messages, ideas and information while making connections with others online.



What is a social networking site?

Facebook



Twitter



Instagram



SnapChat



Social networks are tools we use to interact and communicate with other people online.

Musical.ly













And don't forget....

YouTube



Gaming



Texting



Why do people use SNS?

To stay connected

To have a conversation



To share work and ideas together

What are the rules of SNS?

- You must be **13 years or older** to join.
- You must be a respectful member of the community.
- You must report when things don't feel right online.



Online bullying is...

- Sending mean text messages.
- Posting mean or embarrassing statements or pictures online.
- Creating rumors by sending or posting statements online.

Talent Show



https://www.youtube.com/watch?v=3E276HQWHU8

*this video is appropriate for older elementary students

If you feel like you, a classmate, or a friend have been cyberbullied...

What should you do?

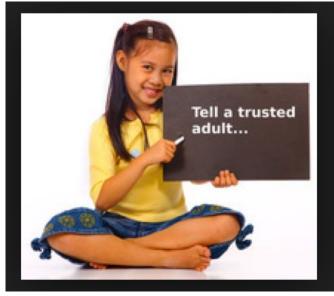
What shouldn't you do?



Who's your Trusted Adult?

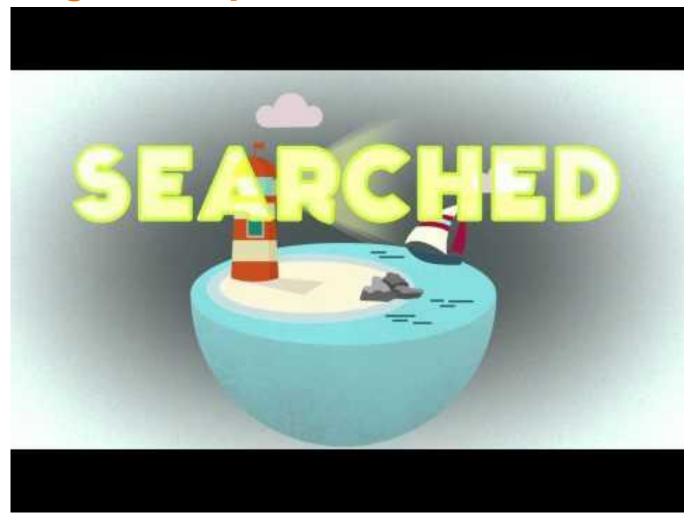
Remember: A trusted adult is someone that your child is comfortable speaking with and who will help them.

- At home?
- At school?
- At aftercare?
- At?



(Ask your child...who is his/her trusted adult?)

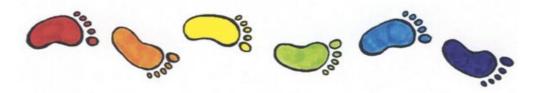
Your Digital Footprint



https://www.youtube.com/watch?v=4P_gj3oRn8s

Remember...

- Whenever you post, it is public.
- Nothing is <u>ever</u> private online.
- Whatever you post can travel to many people <u>quickly</u>.
- If someone shares something inappropriate, tell a trusted adult. Don't reshare or delete.
- Think twice, and think overnight before you press send!
- You leave a <u>digital footprint</u> that doesn't get washed away.
- Never post when you are mad, sad, or upset



THINK before you post

Before you speak:



- T= Is it True?
- = Is it Helpful?
- I= Is it Inspiring?
- N= Is it Necessary?
- **K**= Is it Kind?

Suggestions for Home

Place the computer in a spot in your home where you can see the screen at all times. (including laptops, iPads)

Keep devices off the dinner table

Turn in the device at the end of the day and keep out of bedrooms at night

Check the history or battery use each day or a few times a week

Know the apps that your child uses including SNS apps

Set clear rules for technology use

When your children **do join** a social network:

- Keep the lines of communication open with your child
- Friend them and check posts
- Model how to respond to different posts show them how you may want to respond

Wait Until 8th Pledge

Smartphones are changing childhood Smartphones are addictive



Smartphones impair sleep

Smartphones interfere with relationships

Smartphones increase the risk for anxiety and depression

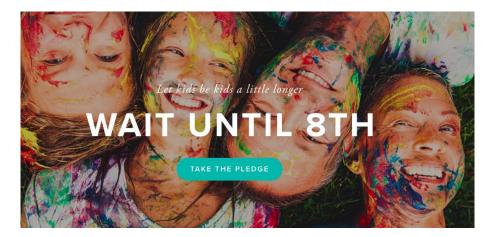
Smartphones put your child at risk for cyberbulling

Smartphones expose children to sexual content

Technology executives ban smartphones for their own children

Wait Until 8th

https://www.waituntil8th.org/



"Screenagers" movie

"SCREENAGERS reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance."

Trailer: https://vimeo.com/215750447

Website: https://www.screenagersmovie.com/

Turn and talk:

Do you have any strategies you are using at home now?

Thank you....

Thank you for our important discussion today. It is important that we <u>all</u> work together to keep our children

safe online!

